# Math 254B Lecture 20 Notes

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# 1 Billingsley's Lemma, Local Dimension, and Frostman's Lemma

### 1.1 Vitali's lemma

Last time we covered the mass distribution principle:

**Theorem 1.1** (Mass distribution principle). Let  $(X, \rho)$  be a metric space with  $\mu \in P(X)$ and  $A \in \mathcal{B}_X$ . Assume that

- 1. For all  $x \in A$  there is a  $\delta_x > 0$  such that  $\mu(B(x, \delta)) \leq C\delta^{\alpha}$ .
- 2.  $\mu(A) > 0.$

Then  $m_{\alpha}(A) > 0$ , so  $\dim_{H}(A) \ge \alpha$ .

We want to discuss converses to this. We need the following "combinatorial" fact.

**Lemma 1.1** (Vitali). Let  $(X, \rho)$  be a compact metric space, and let  $\mathcal{B} = \{B(x_i, r_i) : i \in I\}$  be a family of balls.

- 1. If I is finite, then there exist  $i_1, \ldots, i_n \in I$  such that  $B(x_{i_j}, r_{i_j}) \cap B(x_{i_\ell}, r_{i_\ell}) = \emptyset$  for all  $j \neq \ell$ .
- 2. If I is general with  $\sup_i r_i < \infty$ , then there is a sequence  $i_1, i_2, \ldots \in I$  such that the  $B(x_{i_j}, r_{i_j})$  are disjoint and  $\bigcup \mathcal{B} \subseteq \bigcup_j B(x_{i_j}, 3.1r_{i_j})$ .

**Remark 1.1.** The first case does not need the compactness. For the second case, we can substitute compactness with other assumptions.

#### 1.2 Billingsley's lemma

**Lemma 1.2** (Billingsley). Let  $(X, \rho)$  be a compact metric space, and let  $A \in \mathcal{B}_X$ . Suppose  $\mu \in P(X)$  is such that for all  $x \in A$ , there exists a sequence of radii  $\delta_1^x > \delta_2^x > \cdots \to 0$  such that  $\mu(B(x, \delta_i^x)) \ge C(\delta_i^c)^{\alpha}$  for all i, where C > 0. Then  $m_{\alpha}(A) < \infty$ , and  $\dim(A) \le \alpha$ .

Proof. Let  $\delta > 0$ , and let  $\mathcal{B}_{\delta} = \{B(x,r) : x \in A, \mu(B(x,r)) \geq Cr^{\alpha}, r \leq \delta\}$ . For every such  $\delta, A \subseteq \bigcup \mathcal{B}_{\delta}$ . Vitali's lemma provides disjoint  $B(x_1, r_1), B(x_2, r_2), \dots \in B_{\delta}$  such that  $A \subseteq \bigcup_i B(x_i, 4r_i)$ . So

$$\mathcal{H}^{\alpha}_{8\delta}(A) \subseteq \sum_{i} (4r_i)^{\alpha} = 4^{\alpha} \sum_{i} r_i^{\alpha} \leq \frac{4^{\alpha}}{C} \sum_{i} \mu(B(x_i, r_i)) \leq \frac{4^{\alpha}}{C}.$$

So  $m_{\alpha}(A) \leq 4^{\alpha}/C$ .

### 1.3 Local dimension

**Definition 1.1.** Let  $\mu \in P(X)$ . The local dimension of  $\mu$  at x is

$$\dim(\mu, x) := \liminf_{r \to 0} \frac{\log(\mu(B(x, r)))}{\log(r)}.$$

The upper local dimension of  $\mu$  at x is

$$\dim(\mu) = \inf\{\dim(A) : A \in \mathcal{B}_X, \mu(X \setminus A) = 0\},\$$

and the lower local dimension of  $\mu$  at x is

$$\underline{\dim}(\mu) = \inf\{\dim(A) : A \in \mathcal{B}_X, \mu(A) > 0\}.$$

We want to get out the biggest (i.e. supremum) exponent  $\alpha$  we can choose so that  $\mu(B(x, \delta)) \leq C\delta^{\alpha}$  for arbitrarily small balls.

**Proposition 1.1.** Upper and lower local dimension have the following properties:

- 1.  $\overline{\dim}(\mu) = \operatorname{ess\,sup}_{x \sim \mu} \dim(\mu, x).$
- 2.  $\overline{\dim}(\mu) = \operatorname{ess\,inf}_{x \sim \mu} \dim(\mu, x),$

where  $x \sim \mu$  means that x is a random quantity drawn using the distribution  $\mu$ .

*Proof.* For each of these,  $\leq$  follows from Billingsley's lemma, and  $\geq$  follows from the mass distribution principle.

#### 1.4 Frostman's lemma and weighted Hausdorff content

**Lemma 1.3** (Frostman). Let  $(X, \rho)$  be a compact metric space. If  $m_{\alpha}(X) > 0$ , then there is a  $\mu \in P(X)$  and a  $C < \infty$  such that  $\mu(B(x, r)) \leq Cr^{\alpha}$  for all x, r.

**Remark 1.2.** We cannot just always take  $\mu$  to be a normalized  $m_{\alpha}$  because  $m_{\alpha}(X)$  may be infinite.

We will prove this after introducing weighted Hausdorff measure.

**Definition 1.2.** Let  $A \subseteq X$  and  $\delta > 0$ . The weighted Hausdorff content is

$$\mathcal{WH}^{\alpha}_{\delta}(A) := \inf\left\{\sum_{i} c_{I}(\operatorname{diam}(E_{i}))^{\alpha} : \operatorname{diam}(E_{i}) \le \delta, \mathbb{1}_{A} \le \sum_{i} c_{i}\mathbb{1}_{E_{i}}, c_{i} \in (0,\infty)\right\} \le \mathcal{H}^{\alpha}_{\delta}(A)$$

The weighted Hausdorff measure is

$$wm_{\alpha}(A) := \lim_{\delta \downarrow 0} \mathcal{WH}^{\alpha}_{\delta}(A).$$

**Remark 1.3.** From the definition, we see that  $wm_{\alpha} \leq m_{\alpha}$ .

**Remark 1.4.** The involved covering is not always just a covering of A. This is called a fractional covering of A.

**Remark 1.5.** Hausdorff measure is solving an optimization problem. Weighted Hasudorff measure is solving the relaxed<sup>1</sup> optimization problem.

**Proposition 1.2.** Let A be compact. If  $\mathcal{H}^{\alpha}_{\delta}(A) > 0$ , then  $\mathcal{WH}^{\alpha}_{\delta/5}(A) > 0$ .

*Proof.* Fix a fractional covering  $\mathbb{1}_A \leq \sum_I c_i \mathbb{1}_{B_i}$  with diam $(B_i) \leq 5$ . By compactness, for all t < 1, there exists some M such that  $t\mathbb{1}_A \leq \sum_{i=1}^M c_i\mathbb{1}_{B_i}$ . We want to show that  $\mathcal{H}^{\alpha}_{5\delta}(\{\sum_{i=1}^M c_i\mathbb{1} - B_i > t\}) \leq O(1/t) \sum_{i=1}^M a(\operatorname{diam}(B_i))^{\alpha}$ . By perturbing, assume that the  $c_i, t \in \mathbb{Q}_+$ . Now clear denominators; assume  $c_1, \ldots, c_n, t \in \mathbb{N}$ . By allowing duplicate balls  $B_i$ , we may assume that  $c_i = 1$  for all i.

We now want to show that  $\mathcal{H}_{5\delta}^{\alpha}(\{\sum_{i=1}^{m} \mathbb{1}_{B_i} > t\}) \leq \frac{O(1)}{t} \sum_i (\operatorname{diam}(B_i))^{\alpha}$ . Let  $\mathcal{B} = \{B_1, \ldots, B_m\}$ . Vitali's lemma gives disjoint  $\tilde{B}_1, \ldots, \tilde{B}_k \in \mathcal{B}$  such that  $\bigcup_{j=1}^k \tilde{B}_j^{(3)} \supseteq \bigcup \mathcal{B}$ . This means that  $\tilde{\mathcal{B}} = \mathcal{B} \setminus \{\tilde{B}_1, \ldots, \tilde{B}_k\}$  still covers A at least t-1 times.

Now induct on t. For t = 1/2, we are done. For  $t \in \mathbb{N} + 1/2$ , assume we already know the statement for t - 1. We get

$$(t-1)\mathcal{H}^{\alpha}_{5\delta}(\{\underbrace{\sum \tilde{B} > t-1}_{A}\}) \le O(1)\sum_{B \in \mathcal{B}} (\operatorname{diam}(B))^{\alpha}.$$

<sup>&</sup>lt;sup>1</sup>Relaxation is a notion from computer science.

Since  $\bigcup_{j=1}^k \tilde{B}_j^{(3)} \supseteq \bigcup \mathcal{B} \supseteq A$ , we also have

$$\mathcal{H}^{\alpha}_{5\delta}(A) \le 3^{\alpha} \sum_{j=1}^{k} (\operatorname{diam}(\tilde{B}_j))^{\alpha}.$$

Now combine these two inequalities.

We can now prove Frostman's lemma:

*Proof.* There exists a  $\delta > 0$  such that  $\mathcal{WH}^{\alpha}_{\delta}(X) > 0$ . Define for  $f \in C(X)$ :

$$p(f) := \inf \left\{ \sum_{i} c_i (\operatorname{diam}(B_i))^{\alpha} : f \leq \sum_{i} c_i \mathbb{1}_{B_i}, \operatorname{diam}(B_i) \leq \delta \right\}.$$

Check that p(tf) = tp(f) for all t > 0, that  $p(f+g) \le p(f) + p(g)$ , and that  $p(\mathbb{1}_X) > 0$ . By the Hahn-Banach theorem, we get a linear functional on the whole space. Now by Riesz representation, this is a measure. Take the total variation.